



# Newsletter

**Andy represented Notts Victim CARE at Notts Watch AGM and this was his rhyming pitch! Let us know what you think :)**

*Working with our partners across the whole of Nottinghamshire*

*“Are you suffering as a victim of crime?  
Feeling anxious or worried, or just having a bad time?  
Need advice and support, but don’t know where?  
Come and talk to us at Victim CARE.  
We help with anti-social behaviour and hate crime as well,  
Restorative Justice gives you the chance to tell the offender, the impact of their behaviour on you, to help you move on and start anew!  
We’re confidential and free and available to all who live in Nottinghamshire, so give us a call.  
We’re here to help, that is our intention.  
Thank you for giving us your attention.”*



## Our service in numbers...

We received **2873** victim referrals into the service;

**15%** received Specialist Enhanced Support

**44%** received Standard Support\*

As a result of our Enhanced interventions\*:

**86%** of victims felt safer

**88%** reported improved wellbeing

**100%** would use our service again

Between April and June service users we supported were awarded Criminal Injuries Compensation (administered by [www.gov.uk](http://www.gov.uk)) totalling **£44, 750**

We acted on **490** requests for advocacy

We delivered **2119** emotional support sessions

We provided **172** target hardening items like personal and window alarms\*

\*From April to June 2019

Nottinghamshire OPCC funded project delivered by Catch22





Our caseworkers attending *Let's Talk Mansfield*

### After the Restorative Justice conference Elizabeth said:

**"It's helped me so much. I'm no longer dwelling on the past anymore. I think it would help others, it helps you to move on. My son had been badly affected by the incident but now he seems to be doing so much better and this is because he sees me much happier and so he feels happier."**

## Restorative Justice

In 2016 Richard and his wife Sally killed Max, following an argument between them. They were each sentenced to ten years in custody.

In the spring of 2019 we met with Elizabeth, who was Max's wife. She wanted to use Restorative Justice as a way of dealing with the aftermath of the crime.



Richard agreed to participate and was thankful to be given the opportunity to express his remorse for his actions which led to Max's death.

In the summer of 2019 we facilitated a Restorative Justice Conference in prison between Richard and Elizabeth. During this conference Elizabeth was able to ask questions and tell Richard the real impact the offence had on her and her children and listen to Richard's responses.

**Restorative justice brings those harmed by crime or conflict and those responsible for the harm in contact, enabling everyone affected by a particular incident to play a part in repairing the harm and finding a positive way forward.**

Richard gave this comment about his experience of the Restorative Justice process:

**"It's not as hard as you think it would be, it's the wait that's the hardest part. Since taking part in Restorative Justice my anxiety has reduced and I feel that a weight has been lifted from my shoulders. If someone asked me about Restorative Justice I would tell them there is a million positives and I can't think of any negatives."**

*\* all names have been changed*

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# Service Feedback

*Joe had been supporting a female victim of harassment and this is what she said on her last call to him:*

“Sometimes it felt that you were the only person that cared about me. Thank you for being there for me.”

*A victim of an assault phoned us after receiving our letter:*

She said that she was ‘grateful to receive the letter as she did not know services like ours existed as she’d never been in a similar situation before and having talked to us was beyond comfort for her and her daughter’. She was thankful to Eva for suggesting how to ensure her 7 year old daughter feels safer in their home as well as for her ‘kindness’.

*Feedback from NO TO HATE CONFERENCE organiser www.holocaust.org.uk/notohate Karen:*

“Lorna and Nikki did a fabulous job of presenting a case to the delegates in our case study session. It was informative and really helped all of the delegates see the complexities of the cases that you are dealing with. “

## Andy’s been learning bushcraft...

In May I visited Sherwood Bushcraft which is part of Forestry England to learn about the work they do with local groups and organisations. It is a fantastic facility with brilliant opportunities and experiences. Instead of my normal column, I asked Emily to write a few words about what they do and the opportunities available:

“Sherwood Bushcraft works closely with charities and community groups to deliver bushcraft sessions to improve mental health and wellbeing and help participants overcome social barriers that have a negative impact on their lives.

Our courses run all year round from our beautiful bushcraft camp in a quiet corner of Sherwood Pines. Activities include shelter building, fire lighting, willow weaving, traditional woodworking, tool use and team challenges.

One of their service users who attended our sessions commented that he struggled with anxiety and depression for most of his life and had stopped doing things he enjoyed, not leaving the house for weeks at a time. He said

“Since attending the bushcraft group, I have felt more positive and gained a variety of new skills.”

For more information about bushcraft at Sherwood Pines, email Emily at [emily.butt@forestryengland.uk](mailto:emily.butt@forestryengland.uk)



← @AgainstScams

→ @NottmCommunity

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August 2019

Every year the crowds get bigger as these Pride events become a firm favourite for so many



Our Engagement officer Andy sharing a joke with our partners at CommunitiesInc



The rain could not dampen the enthusiasm of the revellers



# We are all moving forward along the rainbow road



Notts Victim CARE @NottsVicti... · 4d  
#worksop #worksopPride  
@BassetlawDC @thecentreplace  
#Pride2019 @NottsPride

What a brilliant day! #pride proud to attend and support #LGBTQ #community

And we had so much #fun



1 5

Senior Caseworker Gina joining in the fun as she flies the rainbow flag in Worksop



Caseworker Tony said that "this year's pride seemed to be the biggest yet"



Caseworker Joe welcomes one of the smaller members of the crowd



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